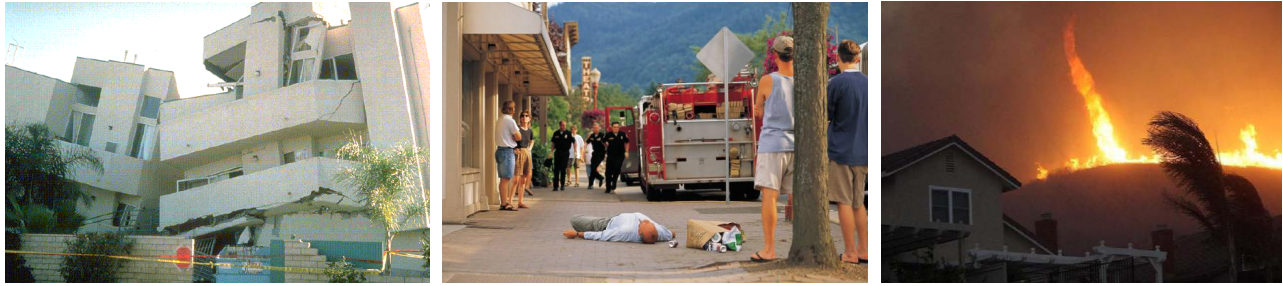


DO YOU KNOW WHAT TO DO?



In the event of a major disaster or a more common emergency, learn how to care for yourself and your family until help arrives in the:

City of Aliso Viejo Community Emergency Preparedness Academy (CEPA) Tuesday Evenings, 6:30 p.m. to 9:30 p.m. March 16th to May 4th, 2010 At Aliso Viejo City Hall, 12 Journey Dinner is provided each night, 6:00-6:30!

CEPA's goal is to provide residents with information and skills to sustain themselves when emergency responders can't respond or until help can arrive. The course is open to all adult residents, or teenagers attending with a parent, who are able to attend the entire program. Class size is limited!

The course is **free** and participants will learn:

- Local Hazards and Planning
- Earthquake Preparedness and Disaster Supplies
- Fire Safety, Fire Extinguishers and Wildfire Preparedness
- First Aid, CPR and Defibrillators
- Utilities Service and Safety
- And much more!

Presented by:

The City of Aliso Viejo, Doctor's Ambulance Service,
Orange County Sheriff's Department, Orange County Fire Authority,
and the Orange County American Red Cross.



American
Red Cross
Together, we can save a life

To register or learn more, contact Steve Rhyner, Emergency Management Coordinator for the City of Aliso Viejo at srhyner@ocsd.org or 949.635.1809.